

Year 7 Personal Development Curriculum

	RPE Cycle One: What does it mean to be human?	RPE Cycle Two: Messiah	RPE Cycle Three: Islam
Core Content	<ol style="list-style-type: none"> 1. What is philosophy? 2. What does it mean to be human? 3. What is spirituality? 4. Why do we suffer? 5. Mid cycle assessment 6. What is a guided journey? 7. What is the difference between belief, fact and opinion? 8. What are different beliefs about God 9. What is right and wrong? 10. Assessment lesson 11. Independent learning 12. Super teaching 	<ol style="list-style-type: none"> 1. Who was Jesus and did he really exist? 2. What did Jesus look like? 3. Was Jesus more than just a man? 4. Do we have scientific evidence that Jesus was more than a man? 5. Mid cycle assessment 6. Was Jesus a political leader 7. What can we learn from Jesus' parables? 8. Why is Jesus' death and resurrection so important to Christians? 9. Was Jesus the Messiah? 10. Assessment lesson 11. Independent learning 12. ICE Exeter Q&A visit 	<ol style="list-style-type: none"> 1. What is God like in Islam? 2. What are the two main branches of Islam? 3. What do Muslims believe about Angels? 4. Who was Prophet Muhammad (PBUH)? 5. Mid cycle assessment 6. What is the Qu'ran and why is it important? 7. What guides a Muslim in the right way to live? 8. What are the 5 Pillars of Islam? 9. Why is community important to Muslims? 10. Assessment lesson 11. Independent learning 12. Super teaching
Keywords and concepts	Understanding religious approaches to humanity, differences between belief, opinion and soul, philosophy and philosophers, spirituality, ultimate questions, morality, immorality.	Did Jesus Exist, Christ of Faith The Shroud of Turin, What did Jesus look like, Jesus depicted in Art, The temptations of Jesus, Parables, Miracles, Jesus' Teaching, Crucifixion, Resurrection, Impact of Jesus' legacy today	Nature of Allah, Sunni and Shi'a, Angels, Muhammed, Holy Books 5 Pillars, Right and Wrong, Community
SMSC	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, SO1, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3, C1, C2, C3, C6
	PSHE Cycle One: Growing Up	PSHE Cycle 2: Changes	PSHE Cycle 3: Dreams and Goals
Core Content	<ol style="list-style-type: none"> 1. What makes me unique? 2. What is peer pressure? 3. Why do I want to fit in? 4. How do I show assertiveness? 5. How can I be a responsive member of society? 6. How do I stay safe online? 7. What are the effects of trolling? 8. Why do I fall out with my friends? 9. What makes a good friend? 10. Knowledge test and reflection 11. Independent learning 12. Responsive lesson 	<ol style="list-style-type: none"> 1. What changes happen during puberty? 2. What is personal hygiene? 3. Why do thoughts and feelings change during adolescence? 4. How do societal influences affect puberty? 5. How can I be a responsive member of society? 6. Why is exercise and sleep important for brain development? 7. How do people make healthy choices? 8. How can someone use social media in a safe way? 9. How does the media affect self esteem? 10. Knowledge test and reflection 11. Independent learning 12. Responsive lesson 	<ol style="list-style-type: none"> 1. What are my career aspirations? 2. How do I set myself goals? 3. What are employability skills? 4. How do I show resilience? 5. How can I be a responsive member of society? 6. What is the Equality Act for? 7. Can money buy you happiness? 8. How do I use my money wisely? 9. What are the risks of not using money wisely? 10. Knowledge test and reflection 11. Independent learning 12. Responsive lesson
Key Concepts	Introduction to personal development, uniqueness, peer pressure, the need for fitting in, assertiveness, being a good and kind friend, influences, stereotypes, assertiveness, cyber bullying, trolling	Puberty, physical and emotional changes, societal influences, FGM, foot binding, breast ironing, sleep and exercise, alcohol awareness, online safety, self-esteem	Careers focused cycle, employability skills, SMART target setting, pillars for resilience, aspiration, Equality Act, protected characteristics, understanding of money and debt, financial independence
PSHE Association strands	H1, H2, H3, H4, H5, H10,, H30, L20, L21, L27, R1, R2, R7, R9, R10, R13, R17,R19, R21, R37, R38, R39, R42, R43, R44	H6, H9, H14, H16, H18, H20, H22, H34, L24, R13, R38, R39, R41, R44	H9, L1, L2, L3, L6, L9, L15, L16, L17, L18, C3, R14, R15, R16
SMSC	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3	SP3, SP4, SP5, M1, M2, M3, SO1, SO3	SP3, SP4, SP5, M1, M2, M3, SO1, SO3
Skills	Analyse, contextualise, justify, respond to, express views, make informed responses, apply ideas, compare and contrast, use appropriate terms, respond sensitively		
Assessment	Pre and post knowledge test, mid Cycle Assessment for RPE, end of cycle summative assessment for RPE, end cycle surmised discussion/presentation for PSHE		

Year 8 Personal Development Curriculum

	RPE Cycle One: Ethics	RPE Cycle Two: Buddhism	RPE Cycle Three: Sikhism
Core Content	<ol style="list-style-type: none"> 1. What are different types of ethics? 2. Do people share the same ethics and morals? 3. Do animal have rights? 4. Is cloning ethical? 5. Mid cycle assessment 6. Should you donate your organs? 7. When does life start? 8. Are the world’s resources being used ethically? 9. What does religion say about looking after the planet? 10. Assessment lesson - “Religion does not play a part in ethics. Discuss.” 11. Independent learning/careers 12. Super teaching 	<ol style="list-style-type: none"> 1. What is Buddhism? 2. Who was Siddhartha? 3. Why did Siddhartha leave his palace? 4. How did Siddhartha become known as the enlightened one? 5. Written assessment & feedback 6. What are the three universal truths? 7. How do Buddhists apply the three universal truths to their lives? 8. Can anyone become enlightened? 9. What can Tibetan Buddhism teach us? 10. Assessment 11. Independent Learning Task 12. Super-teaching Lesson 	<ol style="list-style-type: none"> 1. What is sikhism? 2. How did Guru Nanak begin Sikhism? 3. Who were the 10 gurus? 4. How and why do Sikh’s worship? 5. Mid cycle assessment 6. Why do Sikh’s practice Sewa? 7. Why is Vaisakhi important for Sikh’s? 8. Is Sikhism the same as all other religions? 9. What is life like for a modern Sikh? 10. Assessment 11. Independent Learning Task 12. Super-teaching Lesson
Key Concepts	Philosophy, Plato, Aristotle, Kant and Mill, onions vs facts, ethical fallacies, rule of law, medical research, Dolly the sheep, animal cloning, organ trafficking vs organ donation/selling, opt out rule, abortion, pro life vs pro choice, renewable resources, awe and wonder, science and religion	The life of Prince Siddhartha and the Four Sights, Asceticism, Enlightenment, The Middle Way, 4 Noble truths; Noble 8 Fold Path, The Wheel of Life, Buddhist symbols, Tibetan Buddhism	Guru Nanak, the 10 Gurus, Ik Onkar, places of worship - Gurdwara The creation of the Khalsa. Traditions, practices and celebrations.
SMSC	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M2, M3, SO1, SO2, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, SO1, SO2, SO3, C1, C2, C3, C6
	PSHE Cycle One: My Peers	PSHE Cycle 2: Celebrating Differences	PSHE Cycle 3: Enterprise
Core Content	<ol style="list-style-type: none"> 1. What are peer influences and how do I recognise them? 2. How does the need for peer approval affect our decisions? 3. What are the risks of underage drinking? 4. What are the risks of smoking and vaping? 5. How can I be a responsive member of society? 6. What are the risks of using drugs? 7. How do I use basic first aid to support those in emergency situations? 8. What are the dangers of sexting? 9. How do you stand up to your peers? 10. How do I ensure my peers are a positive influence on me? 11. Independent learning - campaign leaflet for peer pressure 12. Responsive lesson 	<ol style="list-style-type: none"> 1. How do people achieve emotional wellbeing? 2. How does social media affect self esteem? 3. What coping strategies can people use for body image? 4. How do people use support networks to build resilience? 5. How can I be a responsive member of society? 6. How do people recognise and challenge discrimination? 7. How is tolerance and respect linked to gender identity? 8. What is disability discrimination? 9. How do we celebrate our differences? 10. Knowledge test and reflection 11. Independent learning 12. Responsive lesson 	<ol style="list-style-type: none"> 1. How do I lead a balanced life? 2. What is netiquette? 3. How can money affect your life? 4. How does the equality act help you? 5. How can I be a responsive member of society? 6. How do I improve my employability? 7. What is Young Enterprise? 8. What do I need to be an entrepreneur? 9. How do I pitch an enterprise to investors? 10. Knowledge test and reflection 11. Independent learning 12. Responsive lesson
Key Concepts	Peer pressure and dealing with peer influences, risk taking, consent, poor choices, alcohol and its effects, smoking/vaping and its effects, drug use, county lines, coercion, first aid, primary survey and CPR, illegal images, sexting, passive, aggressive and assertive behaviour	What does emotional wellbeing look like, personal space, online harassment, self-esteem, body image, overcoming body issues, self-worth, resilience and support networks, gender identity and transphobia, prejudice and discrimination, protected characteristics, effects of discrimination, disability discrimination, challenging racism	Screen time, analysis of spare time, hobbies, employer requirements, stress, friendships, addiction, loss of jobs, types of discrimination, protected characteristics, reasonable adjustments, transferable skills, skills audit, Young Enterprise, entrepreneur, pitching for a business
PSHE Association strands	H2,H5, H23, H24, H25, H26, H27, H28, H30 H34, R1, R2, R9, R20, R24, R26, R29, R37, R38, R42, R43, R44	H2, H3, H4, H6, H7, H8, H9, H10, C3, L21, R1, R3, R4, R5, R11, R17, L26, R39, R40, R41	H2, H13, L4, L5, L13, L14, L15, L16, L17, L18, L19, C5,L2, L22, R14, R15, R16, R17, R39, R40, R41
	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3
Skills	Analyse, contextualise, justify, respond to, express views, make informed responses, apply ideas, compare and contrast, use appropriate terms, respond sensitively		
Assessment	Pre and post knowledge test, mid Cycle Assessment for RPE, end of cycle summative assessment for RPE, end cycle surmised discussion/presentation for PSHE		

Year 9 Personal Development Curriculum

Lessons highlighted are sex education lessons.

	RPE Cycle One: Multiculturalism in the UK	RPE Cycle Two: Religion and Conflict	RPE Cycle Three: Reality and Freewill
Core Content	<ol style="list-style-type: none"> 1. What is: The State, Religion and Laws? 2. How is the UK Multicultural? 3. What religious festivals take place in the UK? 4. Is Exeter a multicultural City? 5. Mid cycle assessment 6. What relationship is there between Religion and Politics in the UK? 7. What relationship is there between Religion and Poverty in the UK? 8. What relationship is there between Religion, Crime and Punishment in the UK? 9. What relationship is there between Religion and the Arts in the UK? 10. Assessment 11. Independent learning 12. Super teaching 	<ol style="list-style-type: none"> 1. What does religion say about awe and wonder? 2. Do religious believers have a duty to protect the world? 3. How should religious believers treat the world? 4. How does war and conflict link to our environmental crisis? 5. Mid cycle assessment 6. Should religious believers go to war? 7. Why are some religious believers pacifists? 8. What is a Holy War? 9. Is religion linked to terrorism? 10. Assessment 11. Independent learning 12. Super teaching 	<ol style="list-style-type: none"> 1. Are we really free? 2. Was religion invented to make us behave well? 3. How are free will and the problem of evil connected? 4. How do we know what is real? 5. Mid cycle assessment 6. How free are we? 7. Do we need God to show us right from wrong? 8. What might happen in a Country without religion? 9. What could happen in a world without religion? 10. Assessment 11. Independent learning 12. Super teaching
Key Concepts	British values, protected characteristics, multiculturalism, discrimination and the law, religious law, state law, poverty and crime, religions festivals	Understanding religious belief and value of the world, stewardship, dominion, religious responsibility and duty, pollution, religious viewpoint on war, just war theory, pacifism, conscientious objector,, holy wars, terrorism	Christian and atheist ideas on freedom, the concept of evil, philosophical stories to help us understand morality, Euthyphro dilemma, the 10 commandments, what happens if religion is banned, An introduction to Nietzsche and Dostoevsky.
SMSC	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C1, C2, C3, C4, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3, C1, C2, C3, C6
	PSHE Cycle One: Mental Health and Peer Influences	PSHE Cycle 2: Changing Relationships	PSHE Cycle 3: My Voice
Core Content	<ol style="list-style-type: none"> 1. How do diet and exercise affect my mental health? 2. How does sleep affect my mental health? 3. What coping strategies do people use to support their mental health? 4. How do I take responsibility for my own health? 5. How can I be a responsive member of society? 6. How can friendships affect my choices? 7. How do I know if my trust is being abused? 8. What is gang exploitation? 9. What are the consequences of substance misuse? 10. Knowledge test and reflection 11. Independent learning 12. How can I be a responsive member of society? 	<ol style="list-style-type: none"> 1. What makes a healthy relationship? 2. What are STI's and contraception? 3. How does pregnancy affect people? 4. How can beauty standards and pornography affect views on sex? 5. How can I be a responsive member of society? 6. How do different people parent? 7. What differences are there in a marriage? 8. What is conflict resolution? 9. How do people cope with bereavement and loss? 10. Knowledge test and reflection 11. Independent learning 12. How can I be a responsive member of society? 	<ol style="list-style-type: none"> 1. What career choices are out there for me? 2. How do I make informed career decisions? 3. How do I recognise my strengths? 4. How do I become economically literate? 5. How can I be a responsive member of society? 6. How does democracy work in the UK? 7. What are our human rights? 8. Does democracy protect our human rights? 9. How can we stand up for our human rights? 10. How do I plan a protest? 11. How do I take part in a protest? 12. How can I be a responsive member of society?
Key Concepts	Definition of good mental health, factors affecting poor mental health, coping strategies, self care, physical health, healthy relationships, peer approval, radicalisation, grooming, child sexual exploitation, gang exploitation, drug misuse and consequences	Relationships and sex education, intimacy and teenage relationships, types of contraceptives, STI's and their symptoms, misconceptions on pregnancy, teenage pregnancy rates, idealisations of body image throughout history, negative effects of porn on relationship values, parenting styles, healthy parenting, marriage, history of marriage	Level 1, 2 and 3 qualifications, options choices, vocational qualifications, SMARTER target setting, British values, democracy in the UK, political parties, human rights act, bill of rights bill, history of human rights, different styles of protest, understanding Amnesty International, risks to safety and freedom
PSHE Association strands	H4, H5, H6, H10, H11, H12, H14, H15, H16, H17, H18, H19, H29, H30, L19, R10, R13, R17, R20, R24, R26, R37, R42, R43, R44, R45, R46, R47	H20, H21, H35, H36, L20, R1, R2, R3, R5, R6, R7, R8, R9, R11, R12, R13, R18, R19, R21, R22, R23, R24, R25, R26, R27, R28, R31, R32, R33, R34, R35, R36, L25, R40, R41	L1, L2, L3, L4, L6, L7, L8, L9, L11, L12, C1, C2, C5, L22, L23, R15, R16, R39
SMSC	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3	SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C4,
Skills	Analyse, contextualise, justify, respond to, express views, make informed responses, apply ideas, compare and contrast, use appropriate terms, respond sensitively		
Assessment	Pre and post knowledge test, mid Cycle Assessment for RPE, end of cycle summative assessment for RPE, end cycle surmised discussion/presentation for PSHE		

Year 10 and 11 Personal Development Curriculum

	Year 10 PD Cycle One: My Career	Year 10 PD Cycle Two: Health and risk	Year 10 PD Cycle Three: Relationships and Religion
Core Content	<ol style="list-style-type: none"> 1. What jobs do people have in Devon and how do I find employment? 2. How do I challenge gender career stereotypes? 3. How do I manage my wage when I am employed? 4. What are positive and negative workplace environments? 5. Responsive lesson 6. What jobs am I interested in? 7. How does Career Pilot help with work experience option? 8. How do I prepare for a job application? Career Pilot lesson 9. How do I write a work experience application letter? 10. How do I write a CV? 11. What is the correct interview etiquette? 12. Responsive lesson 	<ol style="list-style-type: none"> 1. How do I perform first aid? 2. Can risky situations be avoided? 3. What are the consequences of substance abuse? 4. Can altering your body be harmful? 5. Responsive lesson 6. How do you protect your physical and mental health? 7. What different mental health issues exist? 8. How do you support others who need help? 9. What is good financial health? 10. Assessment lesson 11. Independent learning organ donations and vaccines) 12. Responsive lesson 	<ol style="list-style-type: none"> 1. What are strong positive relationships? 2. How diverse can relationships be? 3. What are different stages of relationships? 4. What is the difference between lust and attraction? 5. Responsive lesson 6. What is consent in maturing relationships? 7. How does faith affect relationships? 8. How do I cope with divorce? 9. How do I cope with loss? 10. Assessment lesson 11. Career pilot. Am i ready for work experience? 12. Responsive lesson
Key Concepts	LMI, growth industries, gender stereotypes, payslips, budgeting and debt, whistleblowing, discrimination, protected characteristics, code of conduct, Equality Act, work experience, CV writing, job applications, myth busting in work, skills and attributes	First aid including CPR, AED's and choking, risk situations, behaviours linked to risky situations, peer led behaviour, positive risk taking, drugs and alcohol, teenage statistics, sunbeds, tattoos, piercings, sleep, nutrition and exercise, mental health issues, tips to improve mental health	Features of relationships, diversity in relationships, LGBT+ relationships, maintaining relationships, lust, attraction and attachment, consent, divorce and separation, cycle of grief
PSHE Association strands	L1, L2, L9, L12, (L8,L10, L11,L13, L14, L15, L21, L22, L23 (L16, L17, L19, L20, R34, H22, L28, R5, R9	H2, H4, H5, H6, H7, H9, H10, H11, H12, H13, H15, H16, H17, H18, H19, H20, H21, H23, H25, R20, R35, R36, L15, L18, L19, L20	R1, R2, R36, R7, R11, R18, R4, R10, R12, R13
SMSC	SP3, SP4, SP5, M1, M2, SO1, SO2, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, SO1, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO3, C1, C2, C3, C6
	Year 11 PD Cycle One: Challenge and Control	Year 11 PD Cycle Two: Making decisions	Year 11 PD Cycle Three: My Future
Core Content	<ol style="list-style-type: none"> 1. Is the internet trustworthy? 2. What is the law on sharing sexual images? 3. What is trolling, cyberstalking and harassment? 4. How can gangs exploit you 5. Responsive lesson 6. What is coercion, manipulation and abuse? 7. How do you challenge sexual assault? 8. What is forced marriage? 9. What does extremism look like? 10. Assessment lesson 11. Independent learning lesson 12. Responsive lesson 	<ol style="list-style-type: none"> 1. How do people know if they are ready for sex? 2. How are views of sexual relationships affected by the media? 3. How do you reduce sexual risk? 4. How important is intimacy in a relationship? 5. Responsive lesson 6. What is pregnancy and miscarriage? 7. What is abortion? 8. What are alternative ways to become a parent? 9. How does becoming a parent change your lifestyle? 10. Assessment lesson 11. Independent learning - revising 12. Responsive lesson 	<ol style="list-style-type: none"> 1. What does excellent revision look like? 2. What are my career options after further education? 3. What is the local labour market information for Devon? 4. What makes an exemplary employee? 5. What happens to my pay? 6. What are the costs I face as an adult? <p>*After half term, pupils will take part in targeted revision sessions led by subject leads.</p>
Key Concepts	Insta vs reality, disinformation, clickbait, the law and sending sexually explicit photos, trolling, stalking, harassment, coercion, sexual assault, honour based violence, forced marriage, protest vs terrorism, extremism in the community, British values	Why people have sex, age of consent, religious views on sex, unrealistic expectations, rule of law, effect of pornography on healthy sex, STI's, contraception, types of intimacy, religious beliefs on marriage, what happens during pregnancy, alternatives to giving birth, adoption, abortion, IVF, surrogacy, costs of raising a child	Revision excellence, different styles of revision, post-18 routes, labour market information, employment deprivation, tax, national insurance, pensions, payslips, budgeting, cost awareness.
PSHE Association strands	H1, H3, H22 H23, L2, L3, L24, L27, L28, L29, R14, R15, R16, R17, R18, R19 R28, R29, R30, R31, R32, R33, R35, R37, R38	R21, R8, R18, H27, H28, H29, R10, R23, H26, R2, R24, R26, R27, H30, H31, H32, H33, R10, R25	
SMSC	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C1, C2, C3, C6	SP1, SP2, SP3, SP4, SP5, M1, M2, M3, SO1, SO2, SO3, C1, C2, C3, C6	
Skills	Analyse, contextualise, justify, respond to, express views, make informed responses, apply ideas, compare and contrast, use appropriate terms, respond sensitively		
Assessment	Pre and post knowledge test, mid Cycle Assessment for RPE, end of cycle summative assessment for RPE, end cycle surmised discussion/presentation for PSHE		