



# CEC 5 year Learning Journey: Personal Development

**Cycle 2**

**Making decisions**  
Readiness for sex, Pornography, Intimacy, Sexual risk STI's, Pregnancy, Abortion, Miscarriage, Adoption, Parenthood)

**Cycle 3**

**My Future**  
(Revision skills, Revision timetables, Post 16 experiences, Alumni, Employer career talks)

Revision for exams after half term.

**Courses**

**Careers**

**Skills**

**Real World**

A-Levels: Religious Studies, Philosophy, Ethics, Law, Theology and Psychology. Apprenticeships and BTECs in Health and Social Care, Criminology and Early Years Practice.

Health and Social Care, Medicine, Teaching, Theology, Chaplaincy, Counselling, Youth worker, Charity fundraising.

Listening, Speaking, Problem Solving, Creativity, Staying Positive, Aiming High, Leadership and Teamwork skills.

Sense of social responsibility; strong intellectual and practical skills applicable to the real world, understanding of global complexity of how religious beliefs and practices shape and influence the world we live in.

**Cycle 1**

**Challenge and Control**  
(Sharing of sexual images, Sexual assault, Online stalking and harassment, Coercion, Manipulation, Abuse, Extremism)

**Year 11**

**Cycle 3**

**Relationships and Religion**  
Positive relationships, stages of relationships, Lust, attraction, Consent, Faith, Divorce, Loss)

**Cycle 2**

**Health and risk**  
Physical and mental health, Gambling addiction, Substance abuse, Risky situations, Staying safe, Sunbed, Piercings, First aid, Medical rights)

**Cycle 2**

**PSHE: Changing Relationships**  
(Sex, consent, STI's, pornography, families, marriage and bereavement)

**Cycle 3**

**PSHE: My Voice**  
(Career choices, goal setting, British Values, elections and campaigns)

**RPE: Reality and Freewill**  
(Freedom, Freewill, Determinism, Libertarianism and Christianity & Non-Religious Views)

**Cycle 1**

**My Career**  
(Labour market information, Employment, Stereotypes, Workplace culture, CV writing, Interview etiquette, Work experience applications)

**Year 10**

**PSHE: Mental Health**  
(Mental health, friendships, trust, gang exploitation, substance misuse)

**RPE: Multiculturalism in the UK**  
(law, religion, festivals, British Values, politics, ethics, crime)

**Cycle 1**

**Year 9**

**Cycle 3**

**PSHE: Enterprise**  
Equality act, netiquette, money triggers, enterprise challenge)

**RPE: Sikhism**  
(Beliefs/ Practices, Guru's, Sewa, Vaisakhi)

**Cycle 2**

**RPE: Buddhism**  
(Beliefs and Practices, Siddhartha, Enlightenment)

**PSHE: Celebrating Differences**  
Mental and physical wellbeing, sexuality, homophobia, discrimination, racism)

**Cycle 2**

**PSHE: Changes**  
(Puberty, healthy choices, media, prejudice, self-esteem)

**RPE: Messiah**  
(Crucifixion, Messiah, Liberty and Faith)

**Cycle 3**

**PSHE: Dreams and Goals**  
Relationships, Careers, goal setting, money, saving, gambling)

**RPE: Islam**  
(Beliefs and Practices, Angels, Qu'ran, 5 Pillars)

**Cycle 1**

**PSHE: My Peers**  
Sexting, consent, substances, first aid)

**RPE: Ethics**  
Animal rights, human rights, conservation, morality, stewardship)

**Year 8**

**PSHE: Growing up**  
(peer pressure, assertiveness, trolling, online safety)

**RPE: What does it mean to be human?**  
(Philosophy, Spirituality, ultimate questions, God)

**Cycle 1**

**Year 7**

**RPE**

**Why do some people believe in God and some people not?**  
I can recognise how many people believe in God.  
**How does faith help people when life gets hard?**  
I can consider the existence of a soul.

**PSHE**

- Lifestyle
- Aspirations
- Marriage
- Bodies

**Year 6**

## Relationship and Sex Education

## PSHE

## Religion, Philosophy and Ethics

The aim of RSE curriculum is to provide a framework in which sensitive discussions can take place in order to prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene. It is aimed to support our pupils to develop feelings of self-respect, confidence and empathy and create a positive culture around issues of sexuality and relationships.

The aim of our PSHE curriculum is to help our pupils understand their personal, social, emotional and mental development in order to become healthy, independent and responsible members of society. It tackles many of the moral, social and cultural issues that are part of growing up to ensure a lifelong quality of wellbeing.

The aim of our RPE curriculum is to explore what people believe and what difference this makes to how they live, so that pupils can gain the knowledge, understanding and skills needed to handle questions raised by religion and belief, reflecting on their own ideas and ways of living. The framework of our curriculum is in line with the Devon and Torbay Agreed Syllabus.