



CEC Key Stage 2 Learning Journey: (PSHE)

Cycle 2

PSHE: Changing me (Puberty, healthy choices, media, prejudice, self-esteem)

RPE: Jesus of History, Christ of Faith (Crucifixion, Messiah, Liberty and Faith)

Cycle 3

PSHE: Dreams and Goals
Relationships Careers, goal setting, money, saving, gambling

RPE: Islam: Faith and Community (Beliefs and Practices, Angels, Qu'ran, 5 Pillars)

Cycle 1

PSHE: Growing up
(peer pressure, assertiveness, trolling, online safety)

RPE: What does it mean to be human?
(Philosophy, Spirituality, ultimate questions, God)

Year

7

Courses

GCSE Science is an entry requirement for a majority of Post-16 courses

Careers

Psychologist, Ecologist, Psychologist, Vet, Lawyer, Anthropologist, Biochemist., Archaeologist

Skills

Problem solving, critical thinking, ICT literacy, collaboration, adaptability, self-management

Real World

Asking/answering questions about your world and making decisions based on evidence

Summer Term

Being My Best

- Lifestyle
- Goals/ Aspirations
- Marriage
- Bodies

Spring Term

Keeping Myself Safe

- Safety Online
- Emotional Needs
- Drugs

Spring Term

Keeping Myself Safe

- Safety
- Bullying

Right and Responsibilities

- Media
- Gender
- Behaviour
- Healthy Lifestyle

Summer Term

Being My Best

- Human Body
- Environment
- Relationships/sex education

Autumn Term

Hygiene
Healthy Relationships
Peer pressure
Communication

Year

6

Right and Responsibilities

- Opinions
- Stereotypes

Autumn Term

Hygiene
Conflict resolution
British Values
Healthy Relationships

Year

5

Summer Term

Being My Best

- Teamwork
- Feelings
- Relationships/sex education

Spring Term

Keeping Myself Safe

- Safety
- Skills

Spring Term

Keeping Myself Safe

- Safety
- Smoking/alcohol
- Risks

Right and Responsibilities

- Friendships
- Facts
- Opinions
- Pets

Summer Term

Being My Best

- Respect
- Conflicts
- Bullying
- Relationships/sex education

Autumn Term

Hygiene
Healthy friendships
Boundaries

Year

4

Right and Responsibilities

- Healthy Relationships
- Respect
- Relationships

Autumn Term

Me and My Relationships:
• Hygiene
• Change
• Rules
• Feelings

Year

3

Cycle Assessment points

- Autumn Term Assessments (November)
- Spring Term Assessments (March)
- Summer Term Assessments (June)



CEC EYFS + Key Stage 1 Learning Journey: (PSHE)

Learning journey to continue in KS2

Spring Term

Keeping Myself Safe

- Safety
- Worries

Right and Responsibilities

- School
- Feelings
- Behaviour

Summer Term

Being My Best

- Bullying
- Friendships
- Relationships/sex education

Autumn Term

Me and My Relationships:

- Hygiene
- Change
- Rules

Year **2**

Summer Term

- Being My Best
- - Emotions
- Feelings
- Friendships
- Relationships/sex education

Spring Term

Right and Responsibilities

- Lifestyle
- Environment
- Homelife
- Special People

Spring Term

Keeping Myself Safe:

- -PERKS
- -NSPCC
- -Pants rule
- -In PE they understand about the importance of physical health

Summer Term

Growing and Changing:

- -Getting ready for year 1.
- -eating healthy as an important factor in their own growth and development.

Autumn Term

Me and My Relationships:

Academy Rules, PERKS and live by British Values which underpin the curriculum.

Year **R**

Autumn Term

Year **1**

Me and My Relationships:

- Hygiene
- Change
- Rules

Summer Term

- Growing and Changing:
- -Getting ready for big school.
- -What I am good at.
- -British Values

Spring Term

Keeping Myself Safe:

- -PERKS
- -NSPCC
- -Pants rule
- -British Values

Spring Term

Keeping Myself Safe:

- -PERKS
- -Rules and routines
- -NSPCC
- -Pants rule

Summer Term

Growing and Changing:

- -Getting ready for Pre-school.
- -Understanding change.
- -British Values

Autumn Term

Me and My Relationships:

- -Family
- -Friends
- -Relationships

Year **N**

Autumn Term

Year **P**

Me and My Relationships:

- -Campus Manners
- -Rules and routines

Cycle Assessment points

- Autumn Term Assessments (November)
- Spring Term Assessments (March)
- Summer Term Assessments (June)